## East Family HUBs

## Other community venues we deliver at:

Shaw Wood Academy Mere Lane, Armthorpe, DN3 2DG

St Nicholas Church Hall Stonegate, Thorne, DN8 5NP

Edenthorpe Community Centre Cedric Road, DN3 2HZ

Thorne Library Vermuyden Centre, Field Side, DN8 4BQ

> Hatfield Library High Street, DN7 6RY

We can't wait to see you!





# East Family Hubs June-July Timetable

Discover the sessions, activities, support and events taking place for families of children aged 0-5 and beyond!

## Join us at: Stainforth Family Hub

Moorends Family Hub Armthorpe Family Hub





Proudly supporting families in East Doncaster including: Stainforth • Armthorpe • Thorne • Moorends • Hatfield • Hatfield Woodhouse Kirk Sandall • Edenthorpe • Dunsville • Dunscroft • Barnby Dun • Fishlake

#### www.yourlifedoncaster.co.uk/family-hubs

# June-July Timetable

East Family



HUBs	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Stainforth	Forest Toddlers 1:30pm-2:30pm	Sexual Health Clinic 9am-11:30am Select Tuesdays Call 01302 272165 to book an appointment. Tuneful Chatter 1:30pm-2:30pm	All of our sessions are <b>dad/male carer</b> friendly	First Friends 9:30am-11am Infant Massage 1pm-2pm (Invite via Health Team)	Scan the QR code to become a member today!
Armthorpe	First Friends 9:30am-11am	Forest School 9:15am-10:15am Shaw Wood Academy			First Steps Toddler Group 9:30am-10:30am Shaw Wood Academy
	Stay & Play 1pm-2:30pm	Childminder Drop-in 9:30am-11am		Breast Start 1:30pm-3pm	Infant Massage 1pm-2:30pm (Invite via Health Team)
Moorends			First Friends 9:30am-11am	Toddler Time 9:30am-11:00am (*Starting 12th June*)	
	Breast Start 1:30pm-3pm	Stay & Play 1pm-2:30pm		LIGHT Peer Support 1pm-2pm	Infant Massage 1pm-2pm (Invite via Health Team)
Other venues	Wriggle, Rhyme & Story Time 10am-11am Hatfield Library	First Friends 9:30am-11am Edenthorpe Community Centre (Term-time only)	Wriggle, Rhyme & Story Time 10am-11am Thorne Library	First Friends 1pm-2:30pm St Nicholas Church Hall, Thorne	Hatfield Woodhouse Playgroup 9:30am-11am Hatfield Woodhouse Village Hall (Family Hub Drop in)

## Sessions É Activities

## Breast Start

A friendly and relaxed environment that gives an opportunity to meet other mums, share experiences and build your confidence to breastfeed with support from peer supporters and a trained Health Promotion Practitioner. **You can attend this group if you are currently pregnant.** 

## First Friends (Pre-Birth to Pre-Crawling)

Come and play together within a safe, informative and stimulating environment, which is welcoming and supportive to all. Health and development advice from a trained Nursery Nurse is available. **You can attend this group if you are currently pregnant.** 

## Stay & Play (0-5)

Come along and join us for our Stay and Play session which offers a fun session for you and your child to play and learn new skills with a range of fun filled activities. It includes sensory play, outdoor play, messy play, music and instruments, physical toys and games, books and stories, singing and snack time.

## 🗱 Tuneful Chatter (All ages welcome)

Take part in playful arts activities with Tuneful Chatter! Here, your children will have fun with experienced artists exploring music, dance, and drama activities. This activity is part of Tuneful Chatter, funded by Arts Council England Place Partnerships and Doncaster Council, and led by darts, Cast and City of Doncaster Council's Early Years Intervention and Prevention Service.

### Infant Massage (From 6 Weeks)

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You will be invited to book onto these sessions by your Health Visitor - You will learn gentle massage techniques with your baby, which will support bonding and attachment, improve baby's skin and sleep, aid digestion and help reduce colic. **Call the Health team for more information on 0300 021 8997.** 

## Wriggle, Rhyme & Story Time (0-5)

Now in a community library near you! Come along and enjoy our fun and interactive session where children can explore music and rhymes with their parent/carer using our props and sensory resources. Join in with a range of activities that can be easily completed in the family home and enjoy sharing story time led by our Early Years Development Workers.



## **NEW!** LIGHT Support Group

Light is a pre and post-natal peer support group providing support around emotional wellbeing and mental health of mums and their families.

For more information please call 01144 388962.

# Sessions & Activities

#### **Provide School** (Walking to School Age)

Forest school provides children with the opportunity to explore and learn in the natural environment. Investigating wildlife, plants, and trees of the local woodlands, through fun and interactive activities, such as bug hunting, den building, Hapa zomeing and more.

### 🛠 Childminder Drop-in Sessions

Run by Ofsted Registered Childminders for the children they care for to play in a stimulating, safe and fun environment. This group also provides the opportunity for networking between Childminders.

### 🛠 Other Services and Support

You can also access information and support around **volunteering**, **counselling services**, how to join our parent groups or become a **parent champion**, access **wider feeding support** and much more. for more information about each of these, visit **www.doncaster.gov.uk/familyhubs**.

#### **Toddler Time** (from walking onwards)

A welcoming and supportive environment to help children prepare for nursery including a range of fun filled activities such as sensory play, outdoor play, messy play, music and instruments, books and stories. A healthy snack is provided for children to sit and enjoy together. Don't forget to follow us on Facebook for all the latest updates! Just search for your local family hub!

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## Our venues :

## Stainforth Family Hub

Junction Road, Stainforth, DN7 5DH 01302 734048

#### Armthorpe Family Hub

Mere Lane, Armthorpe, DN3 2DG 01302 736760

#### Moorends Family Hub

Marshland Road, Moorends, DN8 4SB 01302 737470

Become a member at your local Family Hub!

For more information, visit: